

# FIXALTO®



## ORTHOPEDIC ORTHOSES

RehaFIX®

SpecialFIX™

SoftFIX®

BasicFIX™



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RehaFIX®

**RehaFIX®** stands for one of the groups of orthopaedic orthoses under the registered trademark FIXALTO of AB Ortopedijos technika – orthopaedic orthoses for the rehabilitation period after injuries or operations.

**Reha** means **rehabilitation, restoration, recovery** (movement, organ functions, etc.).  
**FIX** denotes the function of the orthosis – to fix, stabilize the areas of the body under physical exertion and/or pain.

SpecialFIX™

**SpecialFIX™** stands for one of the groups of orthopaedic orthoses under the registered trademark FIXALTO of AB Ortopedijos technika – orthopaedic orthoses with a special purpose and complex construction.

**Special** means **dedicated, extraordinary**.  
**FIX** denotes the function of the orthosis – to fix, stabilize the areas of the body under physical exertion and/or pain.

SoftFIX®

**SoftFIX®** stands for one of the groups of orthopaedic orthoses under the registered trademark FIXALTO of AB Ortopedijos technika – orthopaedic 3D knitted orthoses for light fixation.

**Soft** means **gentle, light**.  
**FIX** denotes the function of the orthosis – to fix, stabilize the areas of the body under physical exertion and/or pain.

BasicFIX™

**BasicFIX™** stands for one of the groups of orthopaedic orthoses under the registered trademark FIXALTO of AB Ortopedijos technika – orthopaedic orthoses for prophylactic use with easy construction.

**Basic** means **basic, elementary**.  
**FIX** denotes the function of the orthosis – to fix, stabilize the areas of the body under physical exertion and/or pain.

## NECK



XXXX – medium

### Cervical orthosis KR 0-12-1

#### BasicFIX™ Cervi Medium

NEW  
COLOR

##### Recommended for use:

- during post-surgery recovery period;
- during the treatment of neck area osteochondrosis, tendon, muscle and nerve diseases;
- during rehabilitation period after neck area spinal column traumas, strain and tear of muscles, ligaments and tendons, after vertebra movement and surgeries of neck area;
- after trauma (strain of neck ligaments).

SIZE	XS	S	M	L	XL	XXL
CM	30-32	32-34	34-37	37-41	41-44	44-47
HEIGHT	7,5	7,5	8,5	8,5	8,5	8,5

## SHOULDER



XXXX – light

### Shoulder orthosis RT 4-3-0

#### RehaFIX® Omo Light THERMO

##### Recommended for use:

- during the treatment of tendon and ligament strains, bruising and inflammation of the shoulder joint;
- an orthosis stabilizes and heats up the shoulder joint, reduces strain and pain.

##### Product features:

made from air-tight fabric.

Note: the thickest part of humerus is measured.

SIZE	XS	S	M	L	XL	XXL	SIDE:
CM	24-26	26-29	29-32	32-35	35-38	38-42	UNIVERSAL



XXXX – medium

### Shoulder orthosis AP 2

#### RehaFIX® Omo Medium ABDUCTUS

Immobilizes arm in proper position.

##### Recommended for use:

- in case of humerus dislocation, shoulder joint bruising and inflammations;
- during post-surgery recovery period (after reconstructive surgeries of shoulder arch ligaments and muscles).

##### Product features:

- supports the shoulder joint in a physiologically correct position with external rotation of the shoulder;
- the product shape and stripes for position adjustment depending on the clinical situation;
- two bands for forearm fixation.

ONE SIZE	SIDE: UNIVERSAL
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## Shoulder - elbow orthosis RL 2-2

**RehaFIX® Arm Slim Medium AIR**

Immobilizes arm in proper position.

**Recommended for use:**

- after traumas and/or surgeries of shoulder bones, ligaments and muscles;
- in case of paralysis, inflammation of nerves, muscles, tendons and shoulder joint;
- during recovery period after shoulder joint dislocation (depending on the type of dislocation).

**Product features:**

the base is made of porous breathable fabric.



SIZE	XXS	XS	S	M	SIDE:
CM	25-30	30-35	35-40	40-45	UNIVERSAL



**XXXXX** – medium

## Shoulder - elbow orthosis RL 4

**RehaFIX® Omo Strong DESAULT**

Immobilizes arm in proper position.

**Recommended for use:**

- after shoulder joint bruising or strain;
- after arthroscopic surgeries;
- in case of shoulder joint arthritis;
- after ruptures of collarbone and humerus proximal ends (without displacement).

**Product feature:**

the additional band for stronger fixation can be used.



SIZE	XXS	XS	S	M	SIDE:
CM	< 30	30-35	35-40	> 40	UNIVERSAL



**XXXXX** – strong

## ELBOW

## Elbow orthosis RT 3-5-4

**SoftFIX® Cubi Light**

The orthosis is anatomically shaped using modern 3D knitting technology. It fits snugly, easily and optimally presses and widely reinforces the elbow joint. The orthosis with unique honeycomb structure is highly breathable, elastic and functional.

**Recommended for use:**

in cases of epicondylitis, swelling caused by arthrosis/arthritis, after traumas and surgeries as well as for trauma prevention.

**Product features:**

- silicone inserts, attached in the inner side of the orthosis with seamless technology, help to evenly distribute the load on the surrounding soft tissues;
- the orthosis will always remain in the proper place (will not slip off) as these inserts repeat the anatomy of joint and fix the orthosis on humerus condyles.

Note: forearm is measured at approximately 12 cm from elbow joint bent at 90 degree angle.



SIZE	S	M	L	XL	XXL	SIDE:
CM	21-23	23-25	25-27	27-29	29-31	UNIVERSAL



**XXXXX** – light

## ELBOW



XXXX – medium

### Elbow orthosis RT 3-5-1

#### BasicFIX™ Cubi *Medium* THERMO PLUS

Compensates the unrestraint of elbow ligaments. Provides warmth to the elbow joint.

#### Recommended for use:

- instability of elbow joint;
- inflammation of muscles and tendons;
- bursitis.

#### Product features:

with immobilizing straps.



SIZE	XS	S	M	L	XL	SIDE:
CM	23-25	25-27	27-30	30-33	33-36	UNIVERSAL



XXXX – strong

### Elbow orthosis

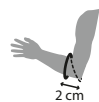
#### SpecialFIX™ Epi Strap

Partly immobilizes the area of tendons attaching to the external humeral condyle.

**Recommended** in case of external or internal epicondylitis.

Especially useful for tennis players and masseurs.

For forearm circumferences from 18-36 cm.



ONE SIZE      SIDE: UNIVERSAL

## FINGER



XXXX – light

### Finger orthosis RT 0-1-1

#### BasicFIX™ Digiti *Light*

#### Recommended for use:

- after first metacarpal bone traumas (ruptures, bruises, strains of finger ligaments);
- in case of tendon inflammation.

#### Product feature:

plastic fastener for motion limitation.



SIZE	XS	S	M	L	SIDE:
CM	12-14	14-16	16-18	18-20	LEFT OR RIGHT



## Wrist orthosis RT 0-1-2

**BasicFIX™ Carpus Light**

Elastic wrist orthosis with contact closure straps optimally stabilizes the wrist in the right position.

**Recommended for use:**

- to protect the wrist joint from the big load and physical exertion;
- during rehabilitation period after ligament and tendon strains and tear;
- in case of tendinitis, wrist joint arthrosis.

For wrist circumferences from 14-28 cm.



ONE SIZE

SIDE: LEFT OR RIGHT

**XXXXX** – light

## Wrist orthosis RT 0-1-5

**SpecialFIX™ Carpus Light THERMO**

Easily immobilizes and warms wrist joint.

**Recommended for use:**

- in case of wrist instability, wrist joint arthrosis, after wrist joint ligament strain,
- during rehabilitation period after wrist joint canal surgery.

For wrist circumferences from 14-28 cm.



ONE SIZE

SIDE: LEFT OR RIGHT

**XXXXX** – light

## Wrist orthosis RT 1-8-3

**BasicFIX™ Carpus Light THERMO**

Immobilizes and warms wrist joint.

**Recommended for use:**

- in case of wrist joint canal syndrome;
- after strain of ligaments and tendons and during other cases.



SIZE

XS

S

M

L

SIDE:

CM

12-14

14-16

16-18

18-20

UNIVERSAL

**XXXXX** – light



XXXXX – light

## Wrist - hand orthosis RT 1-8-6

### SoftFIX® Manu Light

The orthosis is anatomically shaped with silicon insert using modern 3D knitting technology. It fits snugly, easily and optimally presses and lightly reinforces the wrist and the hand. The orthosis with unique honeycomb structure is highly breathable, elastic and functional.

#### Recommended for use:

- during rehabilitation period after wrist and lower forearm traumas (ruptures and ligament strains);
- in case of wrist carpal tunnel syndrome;
- in case of wrist tendinitis, tendovaginitis;
- after lower forearm or wrist fracture.



**Note.** For easier fitting of this product, we recommend to order the Easy-ON Slipper (see page 19).

#### Product features:

- silicone insert, attached in the inner side of the orthosis with seamless technology, helps to evenly distribute the load on the surrounding soft tissues;
- additional elastic strap for fixation strength control.



SIZE	S	M	L	SIDE:
CM	14-16	16-18	18-20	LEFT OR RIGHT



XXXXX – medium

## Wrist - hand orthosis RT 1-8-2

### BasicFIX™ Manu Medium

Immobilizes wrist and hand in proper position.

#### Recommended for use:

- after wrist and forearm traumas (ruptures and ligament strains);
- in case of forearm tendon inflammation.

#### Product features:

- rigid metal splint and 2 plastic side fasteners for limitation of motion;
- double adjustable fastener helps to evenly distribute the load on the wrist and adjust the fixation strength.



SIZE	XS	S	M	L	SIDE:
CM	12-14	14-16	16-18	18-20	LEFT OR RIGHT



XXXXX – medium

## Wrist - hand orthosis RT 1-8-4

### RehaFIX® Manu Medium

Supports the wrist and palm in a physiologically correct position after injuries and in wrist and forearm pathologies.

#### Recommended for use:

- in case of tendovaginitis, strain and tear of wrist ligaments;
- after knucklebone ruptures;
- after spoke-bone rupture in typical location and wrist area.

#### Product features:

- rigid metal splint and 2 plastic side bones for limitation of motion;
- triple adjustable fastener helps to evenly distribute the load on the wrist and adjust the fixation strength;



SIZE	XS	S	M	L	SIDE:
CM	12-14	14-16	16-18	18-20	LEFT OR RIGHT



## Thoraco - lumbo - sacral orthosis KR 1-14-1

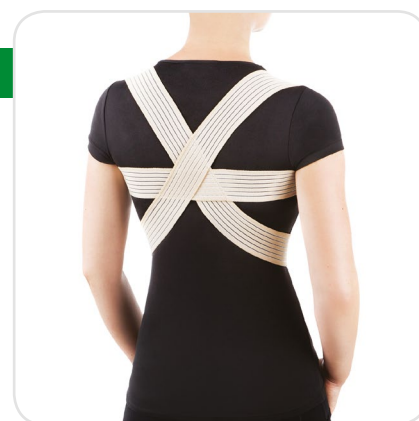
**BasicFIX™ Thoraco *Light* RECLINE**

## Recommended for use:

- to correct defective postures;
- in conjunction with other therapies;
- in the treatment of spinal columns in the thorax area.



SIZE	XXS	XS	S	M	L
CM	55-65	65-75	75-85	85-95	95-105

**XXXXX** – light

## Thoraco - lumbo - sacral orthosis KR 1-14

**BasicFIX™ Thoraco *Medium* RECLINE**

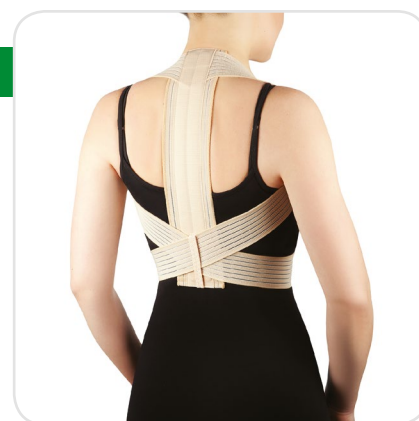
Recommended for faulty posture correction.

## Product features:

- stainless steel bones evenly distribute the load on the spine;
- elastic straps help to stretch and maintain proper posture.



SIZE	XS	S	M	L	XL	XXL	3XL	4XL
a, CM	50-60	60-70	70-80	80-90	90-100	100-110	110-120	120-130
h, CM	36-41	38-43	40-45	42-47	44-49	46-51	47-52	48-53

**XXXXX** – medium

## Thoraco - lumbo - sacral orthosis KR 1-17

**BasicFIX™ Th-Lumbo *Medium* RECLINE**

## Recommended for use:

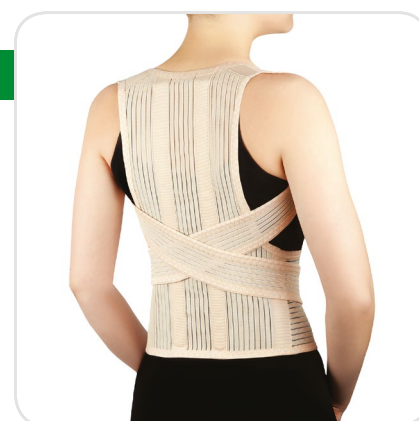
- to correct faulty posture;
- in case of juvenile osteochondrosis of spine;
- in case of minor kyphosis, lordosis and scoliosis;
- during recovery period after light thoracic spine area traumas, bruising and strain;
- in case of inflammation of nerves, muscles and ligaments.

## Product features:

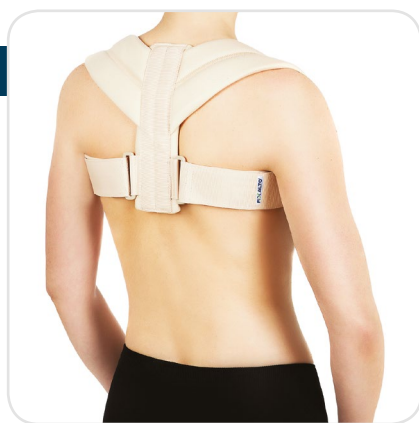
- stainless steel bones evenly distribute the load on the spine;
- elastic straps help to stretch and maintain proper posture.



SIZE	XS	S	M	L	XL	XXL	3XL	4XL
a, CM	50-60	60-70	70-80	80-90	90-100	100-110	110-120	120-130
h, CM	36-41	38-43	40-45	42-47	44-49	46-51	47-52	48-53

**XXXXX** – medium

## WAIST / BACK



**XXXX** – strong

### Cervical - breast orthosis KR 1-6

#### SpecialFIX™ Clavi Strong



##### Recommended for use:

- to stabilize clavicle – improves posture;
- in case of small deformations of the spinal column;
- in case of various deformations in the breast area;
- after fracture of the collarbone.



SIZE	XXS	XS	S	M	L	XL	XXL
CM	25-30	30-35	35-40	40-45	45-50	50-55	55-60

## WAIST



**XXXXX** – light

### Lumbo - sacral orthosis KR 0-17-6

#### RehaFIX® Th-Lumbo Light

##### Recommended for use:

- after stomach operations, or for muscle splitting and muscle weakness after pregnancy;
- to prevent ruptures in the abdominal area.



SIZE	S	M	L
CM	60-80	80-100	100-120



**XXXX** – medium

### Lumbo - sacral orthosis KR 0-18-2 (with double fastening)

#### BasicFIX™ Lumbo Medium

##### Recommended for use:

- in case of pain in lumbar section and radiculitis;
- in case of strain of hip section muscles and ligaments;
- after abdominal surgeries, muscle rupture, in case of abdominal weakness after pregnancy and to support abdominal hernia.

##### Product features:

- double fastener for fixation strength adjustment;
- 2 metal fasteners to stabilize the lumbar spine area and evenly distribute the load on the spine.

**Note:** Choose one size smaller orthosis immediately after birth than recommended in the size chart.



SIZE	XS	S	M	L	XL	XXL	3XL	4XL
CM	60-70	70-80	80-90	90-100	100-110	110-120	120-130	130-140



## Lumbo - sacral orthosis KR 0-17-3

### SoftFIX® Lumbo Medium

The orthosis is anatomically shaped with silicon pad using modern 3D knitting technology. It fits snugly, optimally presses and reinforces the lumbar part of the spine. The orthosis with unique honeycomb structure is highly breathable, elastic and functional.

#### Product features:

- 2 plastic fasteners fitted on the inside evenly distribute the load on the spine;
- special removable silicone spiky pad massages the lumbar – sacral area and stimulates recovery processes;
- seamless technology guarantees wearing comfort.

#### Recommended for use:

in cases of pain in the lumbar section, radiculitis, strain of muscles and ligaments in the lumbar section as well as to protect the lumbar section.



SIZE	S	M	L	XL	XXL	3XL
CM	70-80	80-90	90-100	100-110	110-120	120-130



XXXXX – medium

## Lumbo - sacral orthosis KR 0-20

### SpecialFIX™ L-Sacro Strong

#### Recommended for use:

- after lumbar section traumas (bruises, muscle strains);
- in case of diseases of intervertebral disks of lumbar spine area (spondilolistesis, osteochondrosis);
- during rehabilitation period after non-complicated rupture of vertebral column;
- after abdominal and renal surgeries.

#### Product features:

- additional stripes for fixation strength adjustment;
- 2 stainless steel bones on the back and 2 spiral steel bones on the sides to stabilize the lumbar spine area and evenly distribute the load on the spine.



SIZE	XS	S	M	L	XL	XXL	3XL
CM	60-70	70-80	80-90	90-100	100-110	110-120	120-130



XXXXX – strong



**XXXX** – strong

## Lumbo - sacral orthosis KR 0-23

### BasicFIX™ L-Sacro Strong

#### Recommended for use:

- in cases of pain in the lumbar section, radiculitis, strain of muscles and ligaments in the lumbar section (spondilolistesis, osteochondrosis);
- after abdominal surgeries, muscle rupture, in case of abdominal weakness after pregnancy and to support abdominal hernia;
- in case of intervertebral disk diseases;
- to treat spina bifida.

#### Product features:

- double fastener for fixation strength adjustment;
- cross-bands for additional fixation and lumbar spine support;
- 2 stainless steel and 2 plastic bones in the back-to stabilize the lumbar spine area and evenly distribute the load on the spine.



SIZE	XS	S	M	L	XL	XXL	3XL
CM	60-70	70-80	80-90	90-100	100-110	110-120	120-130



**XXXX** – strong

## Lumbo - sacral orthosis KR 0-20-1

### BasicFIX™ L-Sacro Strong THERMO

#### Recommended for use:

- in case of pain in lumbar section and radiculitis;
- in case of strain of lumbar section muscles and ligaments;
- to protect lumbar section.

#### Product features:

- made of material, featuring compression and warming effect;
- additional detachable stripes for enhanced lumbar stability and fixation strength adjustment;
- 4 plastic bones in the back- to stabilize the lumbar spine area and evenly distribute the load on the spine.



SIZE	XS	S	M	L	XL	XXL
CM	60-70	70-80	80-90	90-100	100-110	110-120



## Lumbo - sacral orthosis KR 0-25 (with extra shoulder-strap)

### SpecialFIX™ Lumbo Strong PLUS

The orthosis provides average fixation of the lumbar spine. It stabilizes ligament-articular apparatus. The product eliminates imbalance of paravertebral muscles in the lumbar spine and reduces the load on the lumbar muscles.

#### Recommended for use:

- in case of lumbar pain due to muscle imbalance, scoliosis, shortening of one of the lower extremities, radiculitis, osteochondrosis, spondylarthrosis, protrusions and hernia of intervertebral disks, dislocation of vertebra;
- during rehabilitation after lumbar spine injuries and operations;
- in case of splanchnoptosis of abdominal cavity;
- during functional therapy in combination with manual therapy, massage, medication;
- for the prevention of injuries and diseases of waist in case of long-time loads;
- to maintain therapeutic effect achieved during the course of manual therapy and therapeutic exercises.

#### Product features:

the product is equipped with metal modulated stiffening plates and additional adjustable tightening.



SIZE	XS	S	M	L	XL	XXL
a+b/2, CM	<70	70-85	85-97	97-105	105-115	>115



**XXXXX** – strong

## Lumbo - sacral orthosis KR 0-26

### RehaFIX® L-Sacro Extra strong

This product provides strong fixation of the lumbosacral spine. It restricts sudden movements.

#### Recommended for use:

- after injuries and operations;
- in case of lumbar pain due to radiculitis, sharpening of osteochondrosis;
- to maintain therapeutic effect achieved during the course of manual therapy and therapeutic exercise;
- to prevent complications in treatment of lumbar spine diseases.

#### Product features:

the product is equipped with metal modulated stiffening plates and additional adjustable tightening.



SIZE	XS	S	M	L	XL	XXL	HEIGHT
a+b/2, CM	<70	70-85	85-97	97-105	105-115	>115	>165



**XXXXX** – extra strong



XXXXX – light

Knee orthosis KT 3-8-14

BasicFIX™ Genu Light

The orthosis stabilizes knee-cap and warms knee joint.

Recommended for use:

in cases of strain, inflammation of knee-cap and knee joint ligaments, tendons and muscles.

For knee circumferences from 28-48 cm.



ONE SIZE

SIDE: UNIVERSAL



XXXXX – light

Knee orthosis

SoftFIX® Genu Light 2.0


The orthosis is anatomically shaped using modern 3D knitting technology. It fits snugly, easily and optimally presses and widely reinforces the knee joint. The orthosis with unique honeycomb structure is highly breathable, elastic and functional.

Recommended for use:

in cases of knee pain, diseases of joint cartilages, faulty position of the knee patella, strain of the knee joint ligaments and muscles, arthrosis, osteoarthritis, sinovitis, chondritis, patella osteochondropathies of various origins, inflammation of tendons and joint bursae of knee joint section, osteochondropathy of tibial tuberosity, instability of patella, inflammation in the patellar ligament as well as for trauma prevention.

Product features:

- spiral steel bones secured on the inside with seamless technology for enhanced support;
- silicone ring stabilizes the kneecap in a correct position; because of the silicone ring the brace will always remain in place. Knee joint load is uniformly distributed.

	SIZE	S	M	L	XL	XXL	SIDE:	COLOUR:
	a, CM (above)	41-44	44-47	47-50	50-53	53-56	UNIVERSAL	GREY OR BEIGE
	b, CM (below)	31-34	34-37	37-40	40-43	43-46		

## Knee orthosis KT 3-8-4

**SpecialFIX™ Genu *Light* THERMO**

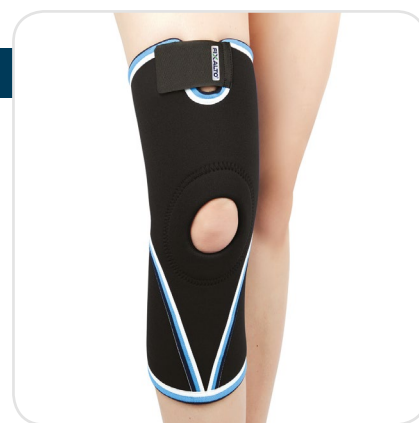
Protects the patella and warms the knee joint.

**Recommended for use:**

- in case of strain and inflammation of knee joint ligaments, tendons and muscles;
- during rehabilitation period after traumas.

**Product features:**

- made of material, featuring compression and warming effect;
- silicone ring stabilizes the kneecap in a correct position; because of the silicone ring the orthosis will always remain in place. Knee joint load is uniformly distributed;
- removable side spiral steel bones for additional stabilization.

**XXXXX** – light

SIZE	XS	S	M	L	XL	XXL	SIDE:
CM	30-33	33-36	36-40	40-44	44-46	46-50	UNIVERSAL

## Knee orthosis KT 3-8-9

**SpecialFIX™ Patella *Medium* THERMO SUBLUX****Recommended for use:**

- in case of unrestraint, strain, tear, partial or full dislocation of patella ligaments;
- during recovery period after plastic surgeries of patella ligaments.

**Product features:**

lateral support on the external side of the knee stabilizes the patella in a correct position.

Support inside is covered with natural leather.

**XXXXX** – medium

SIZE	XS	S	M	L	XL	SIDE:
CM	30-33	33-36	36-40	40-44	44-46	UNIVERSAL

## Knee orthosis KT 3-8-5

**SpecialFIX™ Genu *Medium* THERMO**

Stabilizes knee joint and patella.

**Recommended for use:**

in case of strain and tear knee joint ligaments.

**Product features:**

- made of material, featuring compression and warming effect;
- 4 spiral steel bones (2 on each side) for enhanced stability;
- additional detachable straps for fixation strength adjustment.

**XXXXX** – medium

SIZE	XS	S	M	L	XL	XXL	SIDE:
CM	30-33	33-36	36-40	40-44	44-46	46-50	UNIVERSAL





XXXX – strong

### Knee orthosis SpecialFIX™ Patella Strap

Equally allocates the load directed to patella ligaments.

Recommended in case of:

- osteochondropathy of tibial tuberosity (Osgood-Schlatter disease);
- strain of patella ligaments.

Product feature:

support inside is covered with natural leather.

For kneecap circumferences from 25-43 cm.



ONE SIZE

SIDE: UNIVERSAL



XXXX – strong

### Knee orthosis KA 3-3-1-2 RehaFIX® Genu Strong THERMO

Immobilizes the knee joint and centres the patella. Firm lateral splints particularly fasten the knee joint.

Recommended in case of:

- damage (strain) of collateral ligaments;
- gonarthrosis, osteochondropathy (Osgood-Schlatter disease);
- various forms of cerebral palsy (tetraplegia, paraplegia).

Product features:

- made of material featuring compression and warming effect;
- rigid metal hinges on the sides for secure stability;
- silicone ring stabilizes the kneecap in a correct position; because of the silicone ring the orthosis will always remain in place. Knee joint load is distributed uniformly;
- additional detachable stripes for fixation strength adjustment;
- open type: easy to put on and take off as the orthosis opens out fully.



SIZE	XS	S	M	L	XL	XXL	SIDE:
CM	30-33	33-36	36-40	40-44	44-46	46-50	UNIVERSAL

## Knee orthosis KA 3-3-1

**BasicFIX™ Genu Strong THERMO**

Immobilizes the knee joint and centres the patella. Firm lateral splints particularly fasten the knee joint.

**Recommended in case of:**

- damage (strain) of collateral ligaments;
- gonarthrosis, osteochondropathy (Osgood-Schlatter disease);
- various forms of cerebral palsy (tetraplegia, paraplegia).

**Product features:**

- made of material featuring compression and warming effect;
- rigid metal hinges on the sides for secure stability;
- silicone ring stabilizes the kneecap in a correct position; because of the silicone ring the orthosis will always remain in place. Knee joint load is distributed uniformly;
- additional detachable stripes for fixation strength adjustment.

**XXXXX** – strong

SIZE	XS	S	M	L	XL	XXL	SIDE:
CM	30-33	33-36	36-40	40-44	44-46	46-50	UNIVERSAL

## Knee orthosis KT 3-5-0

**RehaFIX® Genu Extra strong AIR****Recommended for use:**

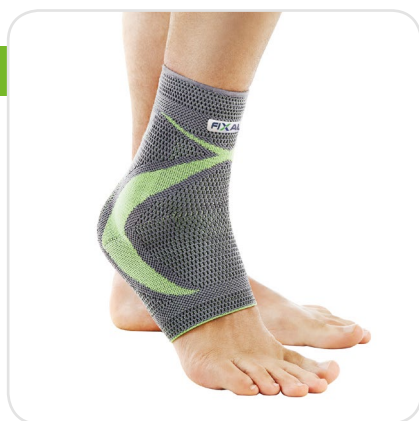
- to provide first aid after knee joint traumas;
- during the treatment of inflammation, strain of ligaments and tendons, hemarthrosis and gonarthrosis;
- during recovery period after knee joint surgeries.

**Product features:**

- fastening straps and 4 inflexible metal splints (2 on the sides and 2 on the back) located inside stabilize knee joint. Therefore the orthosis can be worn instead of plaster splints;
- the base is made of porous breathable fabric.

**XXXXX** – extra strong

SIZE	XS	S	M	L	XL	SIDE:
a, CM	38-43	44-48	49-53	54-58	59-63	UNIVERSAL
b, CM	28-32	33-36	37-40	41-44	45-48	



## Ankle - foot orthosis

### SoftFIX® Malleo Light 2.0

The orthosis is anatomically shaped using modern 3D knitting technology. It fits snugly, easily and optimally presses and widely reinforces the ankle joint. The orthosis with unique honeycomb structure is highly breathable, elastic and functional.

#### Recommended for use:

in cases of swelling caused by arthrosis and arthritis, tendinomiopathy, weak tarsus ligaments, damage and inflammation of the ankle joint ligaments, tendons and muscles as well as for trauma prevention.

#### Product feature:

silicone inserts fitted on the inside using seamless technology stabilize the ankle ligaments.



**XXXXX** – light



**Note.** The product comes with a slip for easier putting on.



SIZE	S	M	L	XL	SIDE:	COLOUR:
CM	19-21	21-23	23-25	25-27	UNIVERSAL	GREY OR BEIGE



## Ankle - foot orthosis KT 0-2-2

### BasicFIX™ Malleo Light AIR

Immobilizes the ankle joint.

#### Recommended for use:

- during recovery period after ankle joint traumas and surgeries;
- in case of inflammation of ankle joint or joint instability.

#### Product features:

- 4 plastic side bones (2 on each side)- for enhanced stability.
- the base is made of porous breathable fabric.

**XXXXX** – light



**Note.** For easier fitting of this product, we recommend to order the Easy-ON Slipper (see page 19).



SIZE	XS	S	M	L	XL	SIDE:
CM	20-24	24-28	28-32	32-36	36-39	UNIVERSAL



## Ankle - foot orthosis KT 0-4-1

### BasicFIX™ Malleo *Light* THERMO

Provides warmth to the ankle joint and Achilles tendon.

#### Recommended for use:

in case of damage and inflammation of ankle joint ligaments, tendons and muscles.

#### Product feature:

made of material featuring compression and warming effect;



**Note.** For easier fitting of this product, we recommend to order the Easy-ON Slipper (see page 19).



SIZE	XS	S	M	L	XL	SIDE:
CM	20-24	24-28	28-32	32-36	36-39	UNIVERSAL



**XXXXX** – light

## Ankle - foot orthosis KT 0-2-1

### RehaFIX® Malleo *Strong*

#### Recommended for use:

- in case of damages to ankle joint ligaments;
- tendons and muscles (bruising, strain, tear, joint instability).

#### Product features:

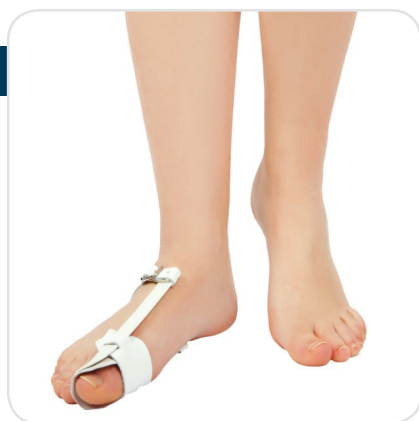
- 4 plastic side bones (2 on each side)- for enhanced stability;
- additional detachable straps for fixation strength adjustment.



SIZE	XS	S	M	L	XL	SIDE:
CM	20-24	24-28	28-32	32-36	36-39	UNIVERSAL



**XXXXX** – strong




**XXXX** – extra strong

## Foot orthosis KNA 3

### SpecialFIX™ Hallux *Extra strong*

#### Recommended for use:

in case of deformation of foot big toe (“bunion deformity” hallux valgus).

	SIZE	XS	S	M	SIDE:
	SHOE SIZE	36/37	38/39	40/41	LEFT OR RIGHT



## EASY - ON slipper

### (application for ankle - foot and wrist - hand supports)

Please put on the ankle or wrist support early in the morning after getting up if possible (or as necessary).

1. Slide your foot or hand into the provided easy – on slipper.
2. Then slide the ankle or wrist support over the donning aid, smoothing it up evenly.
3. Please make sure that the ankle or wrist support is not twisted and the seam is centered over the heel or hand.
4. The easy – on slipper can now be removed easily.
5. The product can be positioned as needed now.



ONE SIZE

## Lumbar orthosis KVP 6-6-1 (maternity belt)

### SoftFIX® Lumbo *Medium* MAMA

Anatomically formed knitted orthosis gently provides support for the abdomen and reduces the pressure directed to the waist (back) during pregnancy; equally allocates the weight along the back and helps to avoid the back (spinal) and waist pains. Helps to sustain the correct set-up and to move actively. Protects from the muscles overstrain. Orthosis is elastic, breathable and comfortable to wear.

**Recommended** to be worn from the mid-pregnancy.



SIZE	S	M	L	XL	XXL
CM	90-100	100-110	110-120	120-130	130-140



XXXXX – medium

## Lumbar orthosis KVP 6-6 (maternity belt)

### SoftFIX® Lumbo *Strong* MAMA

Pregnancy belt is anatomically shaped using modern 3D knitting technology. It fits snugly and optimally holds the tummy during pregnancy. Helps to sustain correct posture and to facilitate the movement. Protects against muscle strain and formation of stretch marks. The orthosis with unique honeycomb structure is highly breathable, elastic and functional.

**Recommended** to be worn from the mid-pregnancy.

#### Product features:

- double hooking offers individual adjustment option;
- special rigidity reinforcements in the back area help to evenly distribute the waist (back) load and avoid lower back pain;
- seamless technology guarantees wearing comfort.



SIZE	S	M	L	XL	XXL
CM	90-100	100-110	110-120	120-130	130-140



XXXXX – strong

## Hip abduction orthosis FP 2

### SpecialFIX™ Illium *Strong* ABDUCTUS

Immobilizes hip joints in proper position.

#### Recommended for use:

in case of dysplasia in hip joint.

**Note:** product colours and material may be different from those shown in the picture.



SIZE	XXS	XS	S	M	L	XL	XXL	3XL	4XL	5XL
CM	14	16	18	20	22	24	26	28	30	32



XXXXX – strong



## Ostomy belt

### SpecialFIX™ Stoma Belt

A belt with a unique design for patients with a stoma.

#### Recommended for use:

- the belt is made of elastic cotton fabric that does not irritate the skin and is reinforced in the stoma area with a mesh that limits elasticity where it is needed: the reinforced area presses the collector plate and prevents it from sticking to the skin;
- special pocket to hold the ostomy bag. The size of the pocket can be adjusted depending on the need, i.e. bag filling;
- the opening in the belt is adapted to various sizes of the openings of the stoma content collectors;
- the belt can be with a removable stoma opening on the left or right side.



SIZE	S	M	L	XL	SIDE:
CM	70-85	85-100	100-115	115-130	LEFT OR RIGHT



## Groin hernia truss BB 1-6

### SpecialFIX™ Hernia *Medium*

#### Recommended for use:

- in case of the treatment of groin ruptures;
- to prevent ruptures from reoccurring;
- in both cases for ruptures that have not been operated.



SIZE	XS	S	M	L	SIDES:
CM	90-95	95-100	100-105	105-110	LEFT, RIGHT OR TWO - SIDED

XXXXX – medium



## Sacro - iliac orthosis KR 0-22

### SpecialFIX™ Sacro *Strong*

Immobilizes sacral spine and pelvic area.

#### Recommended for use:

- in case of rupture in symphysis pubis;
- during recovery period after surgeries in this area.

#### Product features:

- side fasteners for fixation strength adjustment;
- additional fasteners on the bottom always keep the orthosis in the right place.



SIZE	XS	S	M	L	XL	XXL
CM	85-90	90-95	95-100	100-105	105-110	110-115

XXXXX – strong





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